



# Inland Counties Emergency Medical Agency

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*Serving San Bernardino, Inyo, and Mono Counties*  
*Tom Lynch, EMS Administrator*  
*Reza Vaezazizi, MD, Medical Director*

**DATE:** October 1, 2020

**TO:** EMS Providers - ALS, BLS, LALS, EMS Aircraft

**FROM:** Tom Lynch  
EMS Administrator

Reza Vaezazizi, MD  
Medical Director

**SUBJECT: INFLUENZA VACCINATION FOR HEALTHCARE WORKERS**

On September 28, 2020, San Bernardino County's Interim Health Officer, Erin Gustafson, MD, issued an order regarding influenza vaccination of healthcare workers. This order remains in effect until rescinded (see attached memo, dated September 28, 2020).

After review of the original order and direct discussion with Dr. Gustafson, she determined that this order applies to all EMS providers and their personnel with patient care responsibilities. It is the responsibility of all EMS providers to carefully review the order and ensure full compliance by their EMS field personnel.

If you have any questions, please contact Ron Holk, RN, EMS Coordinator, at (909) 388-5808 or via e-mail at [ron.holk@cao.sbcounty.gov](mailto:ron.holk@cao.sbcounty.gov).

TL/RV/jlm

Attachments

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Interim Health Officer

Date: September 28, 2020

To: All Licensed Health Care Facilities in San Bernardino County

From: Erin Gustafson, M.D., MPH  
Interim County Health Officer

Subject: Health Officer Order Regarding Influenza Vaccination of Healthcare Workers

Influenza season will begin in the fall. In our roles as leaders in healthcare, it is our goal to:

- Minimize the spread of communicable diseases like influenza
- Provide excellent healthcare for our community and
- Keep our healthcare workforce healthy

The best way to prevent transmission of a disease like influenza to the communities we serve is to mandate vaccination of healthcare workers.

Voluntary vaccination efforts have not yielded an acceptable rate in our County. Mandatory vaccination or masking policies have been shown to increase the healthcare workers vaccination rate to >95%. Our goals are to increase the rates of influenza vaccination of healthcare workers, reduce employee absenteeism during influenza season and reduce healthcare worker to patient transmission of influenza.

*Therefore, as the Health Officer of San Bernardino County, and under the authority of California Health & Safety Code section 120175, I am requiring that all healthcare facilities in San Bernardino County implement a program requiring their healthcare workers to receive an annual Influenza vaccination. For those healthcare workers that decline, healthcare facilities must implement a plan to prevent on-site healthcare workers affiliated with the facility from contracting and transmitting the influenza virus to patients. Such a plan may include requiring workers to wear a mask for the duration for influenza season, reassigning work activities or other actions appropriate to the individual facility.*

This order is ongoing and applies to each influenza season unless rescinded. The influenza season is defined as November 1 to March 31 of the following year. If influenza surveillance data demonstrates an unusually late peak and continued wide spread of influenza activity in the spring, this period may be extended and communicated to local healthcare facilities.

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This order applies to all licensed health care facilities in San Bernardino County to include hospitals, ambulatory, skilled nursing and long-term care facilities.

Thank you for all your efforts to minimize the spread of the influenza virus, ensure patient safety and provide outstanding healthcare for our residents. For additional questions, please contact our Communicable Disease Section at 1 (800) 722-4794.



## PUBLIC HEALTH

# Health Officer Order regarding Influenza Vaccination of Health Care Workers

## FREQUENTLY ASKED QUESTIONS (FAQs)

### Why is the influenza vaccination and masking order needed?

Influenza is a disease with serious impact and the most effective method of preventing influenza infection is vaccination. Health care workers (HCWs) often care for patients at highest risk of severe disease and are at increased risk of exposure to influenza from ill patients. Infected HCWs can transmit influenza to patients and coworkers before they are symptomatic. Mandatory influenza vaccination or masking policies have increased HCW vaccination rates to greater than 95 percent.

### Which takes precedence, San Bernardino County Health Officer Order or state laws regarding influenza and HCWs?

This Health Officer Order is an **addition** to state laws regarding influenza and HCWs. The [California Health and Safety Code](#) [120175] authorizes health officers to control contagious, infectious or communicable diseases and may “take measures as may be necessary” to prevent and control the spread of disease within their jurisdiction. Facilities must comply with the Health Officer Order as well as the applicable state laws regarding influenza vaccine and HCWs. For instance, under state law, acute care hospitals will still be required to report their HCW influenza vaccination rate to the California Department of Public Health **AND** they will also be required to implement this order.

### How is this order different from an influenza vaccination declination policy?

State law currently requires that certain health care facilities offer influenza vaccination to employees. Employees that decline vaccination are only required to sign a declination statement.

### Which facilities are affected by the influenza vaccination and masking order?

The vaccination and masking order applies to all licensed health care facilities in San Bernardino County. For more information and definitions of licensed health care facilities, see the [California Health and Safety Code](#) [1200-1209 and 1250-1264].

### Who is considered a licensed facility?

The California Department of Public Health’s (CDPH) Licensing and Certification Division (L&C) is responsible for the licensure, regulation, inspection, and certification of health care facilities and certain health care professionals in California. Click [here](#) to see the Facility List Data-Licensed and Certified Healthcare Facility Listing.

### Who is considered a HCW?

For the purpose of this order, a HCW is defined as a person, paid or unpaid, working in licensed health care settings and has direct patient contact.

### What is considered a patient care area?

Please check with your facility about details of the implementation of this order including facility-specific patient care areas.



## When is influenza season?

Influenza season is defined as the period of November 1 to March 31 of the following year. The health officer may extend the mandatory masking period if surveillance data demonstrate an unusually late peak and continued widespread influenza activity. HCWs should be offered influenza vaccine before influenza season as it can take up to two weeks to develop protection.

## Can HCWs decline influenza vaccination based on a religious or medical exemption?

HCWs that do not get vaccinated for influenza, whether declined or due to a medical exemption, must wear a mask during influenza season while working in patient care areas.

## What kind of mask should be used? When should masks be changed, replaced, or discarded?

The term “mask” in this order refers to a surgical mask. Please check with your facility about details of the implementation of this order including specifications of type of mask and how often to change masks.

## What kind of flu vaccine do HCWs receive?

There are multiple flu vaccines available with varying indications and ways to give them. Within specified age indications, there are no recommendations for any given flu vaccine over another. There are inactivated vaccines and live attenuated vaccines and three ways to give them: (1) intramuscular (in the muscle), (2) intradermal (in the skin), or (3) nasal spray (live attenuated vaccine only).

## What about HCWs taking care of immunosuppressed patients?

HCWs who are caring for severely immunosuppressed patients who require a protective environment (e.g. bone marrow transplant unit) should receive the shot instead of the nasal spray. Nasal spray vaccine is an alternative option if the HCW will not work in the protective environment within a week after receiving the vaccine.

## What about HCWs who have egg allergy?

Allergy to eggs should be distinguished from allergy to influenza vaccine. Please refer to the Aug. 17, 2012 issue of the [Morbidity and Mortality Weekly Report](#) for more information about influenza vaccine and egg allergy.

## Should a HCW who is immunocompromised or has a chronic health condition (asthma, diabetes, etc.) receive influenza vaccine?

Yes, HCWs in these groups are considered a priority group that should get yearly influenza vaccination as they are at greater risk of severe influenza illness and complications. HCWs in these groups should check with their primary care providers to determine which kind of flu vaccine they should get.

## Should a HCW who is pregnant receive influenza vaccine?

Yes, the influenza shot is safe and should be given to pregnant women during any trimester. Pregnant women are another group that should be prioritized if vaccine supply is limited. Pregnant women and their newborn can benefit from influenza vaccination as both are at greater risk of severe influenza illness and complications. By California law, pregnant women should receive preservative-free influenza vaccine available as prefilled syringes and single dose vials.

Updated September 28, 2020

