



INLAND COUNTIES EMERGENCY MEDICAL AGENCY POLICY AND PROTOCOL MANUAL

Reference No. 14025
Effective Date: 07/01/26
Supersedes: XX/XX/XX
Page 1 of 2

ALLERGIC REACTIONS - ADULT

I. FIELD ASSESSMENT/TREATMENT INDICATORS

- Signs and symptoms of an acute allergic reaction.
- History of exposure to possible allergens.

II. BLS INTERVENTION

- Recognize signs/symptoms of respiratory distress.
- Reduce anxiety, assist patient to assume POC.
- Oxygen administration as clinically indicated (humidified oxygen preferred).
- Assist patient with self-administration of prescribed Epinephrine device if available.
- For anaphylaxis only, administer epinephrine auto-injector per ICEMA Reference #11010 – Medication – Standard Orders.

III. LIMITED ALS (LALS) INTERVENTIONS

- Perform activities identified in the BLS interventions.
- Maintain airway with appropriate adjuncts, obtain oxygen saturation on room air if possible.
- Establish IV/IO access if indicated.
- For symptomatic hypotension with poor perfusion, consider fluid bolus of 300 ml NS, and repeat as indicated.
- Albuterol per ICEMA Reference #11010 – Medication – Standard Orders.
- If no response to Albuterol, consider Epinephrine per ICEMA Reference #11010 – Medication – Standard Orders.
- For anaphylactic shock (e.g., no palpable radial pulse and a depressed level of consciousness), administer Epinephrine per ICEMA Reference #11010 – Medication – Standard Orders.

IV. ALS INTERVENTIONS

- Perform activities identified in the BLS and LALS interventions.
- Albuterol with Atrovent per ICEMA Reference #11010 – Medication – Standard Orders.
- If no response to Albuterol and Atrovent, consider Epinephrine per ICEMA Reference #11010 – Medication – Standard Orders.

- Administer Diphenhydramine per ICEMA Reference #11010 – Medication – Standard Orders.
- If apneic and unable to ventilate, consider oral endotracheal intubation per ICEMA Reference #11020 – Procedure – Standard Orders.
- Base Hospital may order additional medication dosages and additional fluid boluses.

V. REFERENCES

<u>Number</u>	<u>Name</u>
11010	Medication - Standard Orders
11020	Procedure - Standard Orders